



## National Rural Health Association

Rural Medical Education Conference  
May 7, 2024 – New Orleans, LA  
Sheraton New Orleans Hotel  
*“Flourishing Across Generations”*

**8-8:15 a.m.**

### **Introductions/Session Objectives**

#### **Borgne Room (3<sup>rd</sup> floor)**

*Roberto Silva, MD, NRHA Rural Medical Education Executive Committee, Senior Co-Chair*

**8:15-9:30 a.m.**

### **Keynote Presentation**

#### **Borgne Room (3<sup>rd</sup> floor)**

#### **Resiliency, Wellbeing and Flourishing in Medicine – Where are We and Where are We Going?**

*Jeff Fritz, PhD, Kern National Network for Flourishing in Medicine, Associate Director for Learning and Partnership Development; Medical College of Wisconsin, Associate Professor*

*Jonathan Ripp, MD, MPH, Icahn School of Medicine at Mount Sinai (ISMMS), Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine; Senior Associate Dean for Well-Being and Resilience and Chief Wellness Officer*

**9:30-9:45 a.m.**

### **Break**

**9:45-11:30 a.m.**

### **Teaching and Learning Resilience: 2010 Revisited**

#### **Borgne Room (3<sup>rd</sup> floor)**

*John Bowling, DO (Traditionalists, Born 1945 and prior)*

*Randy Longenecker, MD, The RTT Collaborative, Senior Advisor and Consultant (Boomer: B1946-1964)*

*Jill Kruse, DO, Brookings Health System, family medicine specialist (Generation X: B1965-1979)*

*Benjamin Oldach, DO, Chapa-De Indian Health Auburn Grass Valley Medical Clinic, family medicine specialist (Generation Y/Millennials: B1980-1999)*

*Bryson Arnett, Boonshoft School of Medicine, first year medical student (Generation Z: B2000-2019)*

This session will revisit the general topic of teaching and learning resilience under the theme of this year's RME meeting, "Flourishing Across Generations." A panel of rural medical educators, representative of four generations, will tell of their own personal and professional journey toward wellness, participate in small breakout groups who will address some open-ended questions, and then respond from their experience in those small groups and address questions from the audience. Dr. Longenecker will facilitate the panel and general discussion.

**11:30 a.m.-1 p.m.**

### **Networking Lunch**

#### **Borgne Room (3<sup>rd</sup> floor)**

**1-2:00 p.m.**

**Showcase of Best-practices**

**Borgne Room (3<sup>rd</sup> floor)**

**Medical Students Around the Campfire: Igniting Resilience in Future Rural Healthcare Providers through a Summer Retreat**

*Toby Keys, MA, MPH, University of Washington School of Medicine, Rural Underserved Opportunities Program Director*

**Video-Based Education: A Tool to Decrease Burnout and Increase Health Literacy in Rural Healthcare**

*Morgan McCririe- Balcom, BA, Michigan State University College of Human Medicine MD Candidate*

**2:00 – 2:45 p.m.**

TBA

**2:45-3:10 p.m.**

**Break**

**3:10-4:10 p.m.**

**Student Presentation- The Distortion of Resilience in Medical Training**

**Borgne Room (3<sup>rd</sup> floor)**

*Sarah Scott, Wright State University Boonshoft School of Medicine, MD Candidate*

This session will discuss the meaning of resilience and whether our current system of medical training fosters true resilience or if the concept of resiliency in general medical education has been distorted into a concept that is harmful to both medical trainees and their patients.

**4:10-4:30 p.m.**

**Closing Remarks**

**Borgne Room (3<sup>rd</sup> floor)**

**4:30-5 p.m.**

**RME Business Meeting**

**Borgne Room (3<sup>rd</sup> floor)**

**Thank you for your attendance and your continued support of NRHA and the RME Conference!**

**Join us next year in Atlanta on May 20, 2025!**