

Rural Health Equity Conference May 15-16, 2023 — San Diego, CA Sessions in green will be available on demand on the following day. Sessions will not be livestreamed, only recorded.

Monday, May 15 1 – 1:15 p.m. Conference Welcome Coral 3/4/5

Alan Morgan, MPA, NRHA CEO Mary-Katherine Smith McNatt, DrPH, MPH, NRHA Health Equity Council chair

1:15 - 2:30 p.m.

Opening Plenary

Using Insights from the Rural Health Equity Toolkit (available on demand 5.16.23) Coral 3/4/5

Luciana Rocha, MPH, NORC at the University of Chicago Walsh Center for Rural Health Analysis research scientist Alana Knudson, PhD, NORC at the University of Chicago Walsh Center for Rural Health Analysis director

This session discusses the Rural Health Information Hub's Rural Health Equity Toolkit, including examples of how rural community health programs have sought to advance health equity through strategic framing and planning, identifying community priorities, fostering multi-sector partnerships, and building organizational capacity. Considerations for implementation, evaluation, and sustainability will be included.

2:30 - 2:45 p.m.

Networking Break, Poster Session Coral Foyer

2:45 - 4 p.m.

Concurrent Sessions

1A. Trust-based Philanthropy Is A Game Changer in Addressing Rural Social Determinants of Health (available on demand 5.16.23)

Coral 3/4/5

Carla Gibson, MPA, REACH Healthcare Foundation vice president of programs
Tonia Wright, BA, Grace Advertising and Consulting/Altruism Media Inc., president and chief executive officer

As philanthropy enters uncharted waters embarking on trust-based grantmaking, rural communities have the opportunity to push the envelope to address social determinants of health. Trust-based philanthropy fosters systemic, equity-centered changes and opens new pathways for optimal health outcomes. Learn how one rural community is making inroads in optimizing at this pivotal time.

1B. Critical Indigenous Health Inequities in Inadequate Transfer Systems (available on demand 5.16.23) Coral 1

Christopher Jentoft, MD, Chinle Comprehensive Health Care Facility clinical director Emily Bartlett, MD, MS, Gallup Indian Medical Center emergency medicine physician

Geography and an inadequate system of interfacility transfer are challenges to addressing health inequity for rural and Indigenous patients. This session describes how systems that deliver emergency care and transfer to definitive care were strained during the pandemic and proposes policy solutions to advance health care equity.

Native American Access to Care in Non-tribal Areas (available on demand 5.16.23) Coral 1

Mary-Katherine McNatt, DrPH, MPH, A.T. Still University College of Graduate Health Studies MPH Public Health Department chair and professor

Marsha Presley, PhD, MPH, A.T. Still University College of Graduate Health Studies MPH research associate and faculty

Michael Tongkeamha, Texas Native Health outreach coordinator

Susan Thomas, MSEd, BME, A.T. Still University College of Graduate Health Studies instructional designer and adjunct faculty

Presently, 78% of Native Americans live outside reservations. In both rural and urban developments, Native Americans have limited access to basic healthcare. Additionally, funding for Native American healthcare is below the national average allotted. This session examines issues and solutions to healthcare access for Native Americans living outside reservations.

1C. Building Power for Health: BIPOC Rural Community Organizing Coral 2

Danielle Lucero, MPH, MSW, The Praxis Project program manager for research and training Xavier Morales, PhD, MRP, The Praxis Project executive director

The Praxis Project has been convening a Community of Practice of 16 Black, Indigenous, and people of color rural community organizers building power for health. We will share findings from four Learning Circles designed to landscape rural organizing, build capacity and relationships, and inform the ecosystem of rural organizing.

4 – 4:15 p.m.

Networking Break, Poster Session Coral Foyer

4:15 p.m. – 5:30 p.m.

Concurrent Session

2A. Rural Arizona CHW Workforce Development Network (RAzCHOW)! Coral 2

Floribella Redondo Martinez, BA, Arizona CHW Association chief executive officer Susan Kunz, MPH, Susan Kunz Consulting independent consultant

The Rural Arizona CHW Workforce Development Network (RAzCHOW), an RHND grantee, is building the capacity of CHWs and the rural organizations that employ them to improve access to care, improve health outcomes, and promote health equity. Learn about voluntary certification in AZ and how CHWs/CHRs/Promotores are increasing value-based reimbursement.

Community Health Workers and Health Literacy: Bringing Health Equity and Positive Health Outcomes to Rural and Underserved Populations

Michal Searls, MEd, Ohio University director of professional programs and partnerships Kerri Shaw, MSW, LISW-S, C-CHW, Ohio University associate professor of instruction and community health worker lead

Melissa Kimmel, MPA, MA, Ohio University executive in residence and aging lead

This presentation will discuss methods to address the challenges of achieving health literacy and influence social determinants of health through community health workers and identify opportunities for further research and education. Discussion includes education, approach, and strategies to become culturally inclusive and sensitive using specific examples from rural Appalachian Ohio.

2B. Using Telehealth to Deliver Provider Visits in Schools (available on demand 5.16.23) Coral 1

Randy McKinney, MS, MPA, Louisiana Primary Care Association healthcare technology and innovations manager

This session highlights the development of an RHC/School District collaboration resulting in what has been referred to as "The Bienville Model" of providing health services to children, faculty, and staff in rural Bienville Parish Schools (Louisiana) through Telehealth delivery. The program received NRHA's 2019 Outstanding Rural Health Program Award.

How Mobile Integrated Health Can Support Vulnerable Populations (available on demand 5.16.23)

Lindsay Corcoran, MHA, Stroudwater Associates senior consultant

Justin Duncan, BS, NRP, CCEMT-P, FP-C, Washington County Ambulance District chief executive officer Doris Boeckmann, BSBA, Community Asset Builders, LLC executive and co-founder and The Mobile Integrated Healthcare Network co-founder

Gain insight into how one FQHC and an ambulance district in rural Missouri leveraged health-related data to identify a vulnerable population and created a Mobile Integrated Healthcare Network to bring primary care to the home of those most at risk and now expanded to include behavioral health and SUD/OUD.

2C. Ending The Syndemic in Rural Tennessee (available on demand 5.16.23) Coral 3/4/5

Rebecca Amantia, PhD, Tennessee Department of Health End the Syndemic project associate and researcher Amber Coyne, MPH, Centers for Disease Control and Prevention and Tennessee Department of Health CDC public health advisor

Abigail Anderson, MPH, Tennessee Department of Health End the Syndemic epidemiologist intern

End The Syndemic Tennessee is a movement that addresses HIV, sexually transmitted infections, substance use disorders, and viral hepatitis. This presentation highlights the unique rural experiences captured through Tennessee's first statewide syndemic needs assessments to better understand the needs and barriers across these health conditions and support services.

Tuesday, May 16

7 – 8 a.m.

Continental Breakfast

Poster Session

8:00 – 9:15 a.m.

Opening Plenary

Housing as a Social Determinant of Rural Health Equity (available on demand 5.17.23) Coral 3/4/5

Megan Lahr, MPH, University of Minnesota Rural Health Research Center senior research fellow Katie Rydberg, MPH, University of Minnesota Rural Health Research Center program manager Madeleine Pick, MPH, University of Minnesota Rural Health Research Center research fellow Hawking Yam, MS, University of Minnesota Rural Health Research Center graduate research assistant

In this session, we will describe rural/urban differences in housing characteristics (e.g., quality and affordability). We will also describe within-rural housing-related health equity issues by race, ethnicity, and disability status.

Finally, we share results from key informant interviews and case studies highlighting policy implications and best practices in rural housing.

9:15 - 9:30 a.m.

Networking Break, Poster Session

9:30 - 10:45 a.m.

Concurrent Sessions

3A. Community Conversations: Reducing Stigma Surrounding Substance Use Disorders including Opioid Use Disorder (available on demand 5.17.23)

Coral 3/4/5

Dean Seneca, MPH, MCRP, Seneca Scientific Solutions + chief executive officer and indigenous subject matter consultant

Michele Lawrence, MBA, MPH, University of Rochester Recovery Center of Excellence co-principal investigator and Indigenous Community Conversations faculty advisor

Lisham Ashrafioun, PhD, University of Rochester Recovery Center of Excellence clinical psychologist and Indigenous Community Conversations faculty advisor

Chris Cretelle, MBA, PMP, University of Rochester Recovery Center of Excellence Indigenous Community Conversations project manager

Kiley Diop, MSc, Federal Office of Rural Health Policy public health analyst

This breakout session will provide insights from UR RCOE faculty and an Indigenous Subject Matter Expert on how to respectfully collaborate with Indigenous communities. We will share a brief overview of FORHP's investments in SUD and OUD; what we have learned about the intergenerational layers of trauma and SUD; the ways that the Community Conversation approach empowers individuals across communities to participate in and lead change; and how this approach supports recovery and lays a foundation for future generations, including other vulnerable populations, to live healthier lives.

3B. Partnerships Promote Rural Health Equity via Vaccine Confidence (available on demand 5.17.23)

Katie Stofer, PhD, University of Florida research associate professor Dawn Burton, Prairie View A&M University program specialist Lindsey Haynes-Maslow, PhD, University of North Carolina associate professor

Rural health equity necessitates vaccine uptake among adults. Systemic obstacles to uptake are a lack of trust between healthcare entities and rural communities. The Cooperative Extension system, a trusted messenger, promotes vaccine education through local rural partnerships using culturally competent, tailored messaging regarding preventive vaccines to promote health equity.

3C. The National Culturally and Linguistically Appropriate Services Standards Capacity-Building Workshop Coral 2

Mariana Gonzalez, BSPH, Southeast Arizona Health Education Center (SEAHEC) program manager for health equity Pablo Albelais, Southeast Arizona Health Education Center (SEAHEC) program manager for health equity

In this capacity-building workshop, you will learn how the implementation of the National Culturally and Linguistically Appropriate Services standards in rural healthcare entities, helps advance health equity, improve quality of care, reduce healthcare disparities, and lower risk factors like geographic isolation, limited job opportunities, and others.

AZ Librarians Fostering Resilient Rural Communities

Laura Schweers, MSW, University of Arizona College of Public Health Center for Rural Health program management assistant

Lisa Lewis, Arizona Library Association President

This session highlights features and outcomes of a program co-developed by UArizona Center for Rural Health and the Arizona Library Association. The aim of the program is to reduce health disparities in rural communities by engaging and empowering librarians as community leaders through the training and funding of mini-grants (14 libraries).

10:45 - 11:00 a.m.

Networking Break, Poster Session

11:00 a.m. - 12:15 p.m.

Concurrent Session

4A. Social Drivers of Health (available on demand 5.17.23) Coral 3/4/5

Erin Towner, MPH, Federal Office of Rural Health Policy public health analyst
Katie Youngen, MPH, University of Kentucky research program manager
Carrie Henning-Smith, PhD, MPH, MSW, University of Minnesota School of Public Health associate professor
Erika Ziller, PhD, University of Southern Maine research associate

This panel will synthesize existing literature on rural/urban differences in SDOH, and identify information gaps and further research needs, as well as address misinformation about SDOH in rural America. Presenters will also focus on housing and income as two important SDOHs for rural communities.

4B. Outreach as Equity: Early Intervention for High-Risk Covid Coral 2

Christopher Jentoft, MD, Chinle Comprehensive Health Care Facility clinical director

Collaboration between public health and medical agencies proved essential to limiting the severity of COVID-19 in a rural, Indigenous community. Frequent, in-person evaluations of people at risk for severe COVID-19 limited community-wide mortality were supported by an integrated, data-driven response that adapted real-time data to identify patients for evaluation and treatment.

Rural COVID-19 Resiliency: Addressing High-Risk, Underserved Populations

Cambron Walker, MS, Kittitas County Public Health Department health promotion specialist

Facilitated by health department staff, a Covid-19 Health Equity Coalition awarded nearly \$200,000 in rural carveout funding to support resiliency in Kittitas County, a rural county with 45% of its population in unincorporated areas. Projects include peer support for the Latinx community and cultural opportunities for Native American/Alaskan Native families.

4C. Caring with Pride: Health for Rural LGBTQ+ Communities (available on demand 5.17.23) Coral 1

Rachel Blanton, MHA, Cornerstone Whole Healthcare Organization Inc. chief operating officer Camille Evans, Valor Health director of behavioral health

Three collaborative partners in rural Idaho highlight their efforts to develop a consult and training model to enhance access to LGBTQ+-affirming healthcare services outside of specialty clinics and urban treatment settings.

Affirming LGBTQIA2S+ Care in a Small Town Clinic (available on demand 5.17.23)

Anthony Carney, DNP, University of Kentucky assistant professor

This session will showcase strategies used by a nurse practitioner-led clinic in Wilmore, Kentucky to provide affirming healthcare access for lesbian, gay, bisexual, transgender, queer/questioning, asexual, and two-spirit patients. LGBTQ+ Patients in this small town now have access to hormone therapy, HIV prevention, primary care, and mental health care.

12:15 p.m. - 1:30 p.m.

Networking Lunch

1:30 p.m. - 2:30 p.m.

Plenary Presentation

Developing partnerships to address COVID-19 in rural communities (available on demand 5.17.23) Coral 3/4/5

Dorothy Evans, MPH, MEd, CDC Foundation program manager

Corina Norrbom, MD, Wisconsin Institute for Public Policy and Service Center for Civic Engagement health policy fellow

Mariana Savela Chimal, BA, Wisconsin Institute for Policy Policy and Service program manager and certified health navigator

The CDC Foundation partnered with community-based organizations to address the equitable uptake and distribution of COVID-19 vaccines. Two grantees, the Hmong American Center and the Missouri Center for Public Health Excellence, will discuss the challenges, strategies, and partnerships they engaged in to build vaccine confidence in diverse rural communities.

2:30 p.m. – 2:45 p.m.

Networking Break, Poster Session

2:45 - 4:00 p.m.

Concurrent Session

5A. CARES Act: Results From a Policy Analysis on Rural-Urban Dentists' Participation Coral 2

Amah Riley, MPH-D, RDH, Medical University of South Carolina James B. Edwards College of Dental Medicine program manager and technical assistance coach

In this session, we will review the impact COVID had on dentistry, explore the CARES Act Provider Relief Fund policy that had good intentions but potentially exacerbated differences in the availability of dental care in rural vs. urban communities, as well as discuss how we might improve public policy should we have another unfortunate natural disaster that would impact oral health or the delivery of health-related services.

5B. Improving Health Equity through Hospital and Community Collaboration (available on demand 5.17.23) Coral 1

Kaarin Lund, MPH, National Rural Health Resource Center senior community program specialist Suzanne Snyder, MSW, Federal Office of Rural Health Policy Hospital State Division public health analyst and program officer

Joann Emge, BSN, Sparta Community Hospital chief executive officer Jennifer Barbour, MPA, Sparta Community Hospital director of relations

With support from the Delta Region Community Health Systems Development Program, learn how Sparta Community Hospital utilized a stepwise approach to identify and start addressing health equity challenges alongside community partners. Leverage this approach to understand and address the needs of your unique, rural community.

Addressing Health Literacy in a Rural Border Region (available on demand 5.17.23)

Shiloh Williams, PhD, MSN, RN-BC, CNE, San Diego State University assistant professor and El Centro Regional Medical Center director of research

This session will explore how one rural border hospital strived to address health equity by better understanding the health literacy needs of its population during the COVID-19 pandemic. Participants will explore strategies for addressing low health literacy in racially and ethnically diverse communities and supporting patient-centered care.

5C. Amplifying Policies Toward Better Rural Futures (available on demand 5.17.23) Coral 3/4/5

Hollie Storie, MPH, ChangeLab Solutions senior policy analyst Edgar Camero, MA, ChangeLab Solutions planner

Towards Better Rural Futures project aims to amplify state and local policies and practices that advance racial, economic, and health equity for communities across the rural United States. This session will provide an overview of a policy scan designed to identify policies that address structural barriers in BIPOC rural communities.

Measuring What Matters: Reassessing Equitable Rural Health Success (available on demand 5.17.23)

Bonita Robertson-Hardy, JD, Aspen Institute Community Strategies Group co-executive director

Whether our towns have clean water, connected residents, and an inclusive economy — all impact our opportunity to be healthy. The Thrive Rural Health Framework can help your organization or community identify its social and economic assets, implement strategies, and measure progress to advance equitable prosperity, health, and well-being.

4:00 - 5:15 p.m.

Plenary Presentation

A Rural Lens at the Centers for Medicare & Medicaid Services Office of Minority Health (available on demand 5.17.23)

Coral 3/4/5

Darci Graves, MPP, MA, MA, The Centers for Medicare and Medicaid Services Office of Minority Health co-chair of the rural health council

Pamela Gentry, The Centers for Medicare and Medicaid Services Office of Minority Health acting deputy director

In this session, the Centers for Medicare & Medicaid Services Office of Minority Health will highlight CMS's new Framework for Advancing Health Care in Rural, Tribal, and Geographically Isolated Communities to expand on efforts in advancing health equity, expanding access to quality, affordable health coverage, and improving health outcomes.

5:15 p.m.

Conference Adjourns

Exhibitors

The National Institutes of Health's *All of US* Research Program

National Library Service for the Blind and Print Disabled, Library of Congress

PAN Foundation

Pear Suite

Thank you for your attendance and your continued support of NRHA and the Health Equity Conference! Join us next year in New Orleans, LA on May 5-6, 2024.

2023 Health Equity Conference Accepted Poster Sessions

- Effects of Punitive Legislation for Perinatal Substance Use Kristen Sparagna, MD
- Integrating Community Health Workers and Rural Food Pantries Allison Swain, MPH; Kathryn Williams
- Factors in Embedding Play Promotion into Well-Child Visits Shelby Anderson-Badbade, MA; Lynsey Grzejszczak, MHA
- Community Collaboration to Address Opioid Crisis Bianca SantaMaria, MPH
- A first of its kind, Global Health Equity Community Survey Jeanne Regnante
- Addressing Stigma of Dementia: Rural Capacity-Building Workshop Juanita-Dawne Bacsu, PhD; Marc Viger, MD
- Rural Mississippians' Perceptions of Primary Healthcare as a Mental Health Resource Melika Kooshki Forooshani, MD; Mary Nelson Robertson, PhD; David Buys, PhD
- Best Practices to Outreach and Deliver Preventive Care Services to Cross-Border and Binational Populations during COVID-19 PandemicMelissa Limon, MPH
- Developing Research-Based COVID-19 information for Latino Migrant Workers Cassandra Oshinnaiye, BA; Lissette Badillo, MPH
- Bureaucratic Indifference and American Indian Rural Healthcare Disparities Greg Yungtum, MD, MA
- Substance Use Disorders in the Great Plains Lisa McFadden, PhD; Ahmed Nahian, BS
- Workshops to Promote Health Equity in Rural Communities LaToya O'Neal, PhD, MA
- Emergency Medical Service (EMS) Resources in Rural Communities
 Stephanie Bernard, PhD, MPH
- Rural Colonoscopy Costs: Disparities in Preventative Care Rithika Ginjupalli
- Connecting Communities with Community Health Workers Laura Aviles
- Temporal Trends: COVID-19 Outcomes by Rurality in N3C Kim Murray, MA
- Physician Practice Location Choices after THC Residency Training Denna Wheeler, PhD
- Advancing Regional Equity Through the COVID-19 Pandemic Jamen Garcia, MS; Alyssa Kennett, MIA, MPH
- Institutionalizing Health Literacy Georgia Weiss-Elliott, MA
- Rural High School Student Intentions and Medical Knowledge

Jon Oules

- Rural-Urban Disparities, Sociodemographic Measures, and Incident Diabetes Sagar Dugani, MD, PhD, MPH
- Engaging Rural Health Equity Stakeholders Through Virtual Conferences Lindsay Bailey, MPH
- Improving Rural Health Through Telehealth-Guided Provider-to-Provider Communication Melissa Green Parker, PhD
- Training Future Rural Health Practitioners through Poverty Simulation Kara Platt, DNP, RN
- EPOPS: A Simulation Program for Health Care Paraprofessional Students Jessica Ransome
- Analytical Application of CBPR Evaluation Model Rural Nevada Godwin Nwando, MPH
- The Interplay of Sociodemographic Health Determinants and the COVID-19 Pandemic: Impact on Opioid Prescribing Patterns- A Descriptive Study Sahar Soliman, RPh, PhD
- TeleMedicine Improves Stroke Patient Outcomes in Rural America Meera Vadlamani, MD; Naya Chopra
- Remote Patient Monitoring Improves Outcomes in Rural America Meera Vadlamani, MD; Naya Chopra
- Rural Resiliency Model in Health Professions Students Kent Guion, MD, MA
- Another Look at Agricultural Rural Food Deserts Hamidah Sharif, EdD
- Health Equity and Vaccine Hesitancy Among Underserved Populations Daniel Jimenez, PhD(c)
- Juntos en Salud: Health communication in rural Oregon Megan Patton-Lopez, PhD, RDN
- Novel Outreach Strategies to Engage Rural Veterans in the All of Us Research Program Lauren Thomann, MPH
- Virtual Care to Address Patient Access in Rural Populations Shannon Cliff, MHA
- Mobile Clinic Delivery of Healthcare Services in Appalachia Teresa Tyson, DNP, MSN, FNP-BC, FAANP
- Creating English and Spanish visit-summaries in low-resource setting Matthew Rode, MS
- Medicaid Expansion and Health Equity Andrew Kim, PhD, MPH
- How Neighborhood Health Workers Improve Physical, Emotional and Social Health Marta Michelle Colon, PsyD
- Nursing Equity Education Through Service-Learning Anthony Carney, DNP
- Succeeding in Population Health by Leveraging Team-Based Care Ashok Roy, MD; Mark Thomas, MD
- Developing a free rural university clinic to bridge the speech/language gap Meagan Spencer, EdD, CCC-SLP, LSVT
- A leadership skills exchange to advance rural health equity

Stephanie Sun

- All Payer Claims Databases and Rural Health Dustin Moyer, MPP
- Improving Health Equity with Co-design Julie Bosak, DrPH, CNM; Cheri Bryer, CCAR
- Indian Health System HCV Elimination through Academic Telehealth Radhika Jain, MD